County	City	Parish	Days & Times	Days & Times
		If your parish is not listed, please email details to jfox@grdiocese.org.	Eucharistic Adoration	Confession
Kent	Ada	St. Robert of Newminster, Ada	Thursdays 8 a.m 8 p.m.	Wednesdays 6 - 7 p.m.; Saturdays 3 - 4 p.m.; by appointment
Kent	Ada/Parnell	St. Patrick, Parnell	Wednesdays 6 - 7:30 p.m.; Tuesdays-Fridays 6 - 7 a.m.; 1st Friday's 9 - 4pm (check bulletin for details)	Wednesdays 6 - 7:30 p.m.; Saturdays 3 - 4:30 p.m.; by appointment
Ottawa	Allendale	St. Luke University Parish, Allendale (Georgetown Twp.)	Tuesday - 6 - 9 p.m. [3rd week of August through April]; 6 - 8 p.m. [May through the 2nd week of August] with confession. Wednesday - Friday 9 - 10 a.m. [3rd week of August through April]	Tuesday - Friday: 5 - 5:25 pm Tuesday: School 3rd week in Aug through end of May: 6 - 9 p.m Summer : May - 2nd week of August: Tuesdays 6 - 8 p.m., Saturday: 9 - 9:45 am
Ionia	Belding	St. Joseph - St. Mary, Belding	Tuesdays following the 6:30 p.m. Mass at St. Joseph Church	Tuesdays following the 6:30 p.m. Mass at St. Joseph Church
Kent	Belmont	Assumption of the BVM, Belmont	Thursdays after the 9 a.m. Mass through Friday at 8 a.m.	Wednesdays 6 p.m. and Saturdays 4 p. m.
Mecosta	Big Rapids	St. Mary - St. Paul, Big Rapids	Tuesdays - 3 p.m 8 p.m. (St. Paul - only when FSU is in session); Thursdays - 9 a.m. to 5 p.m. (St. Mary)	Mondays - 11:15-11:45 a.m. St. Paul's; Wednesdays 8:30-9:10 p.m. St. Paul's (when FSU is in session); Saturdays 3-3:45 p.m. St. Mary's
Newaygo	Brunswick	St. Michael, Brunswick	First Friday of the month following 9 a.m. Mass until noon (Adoration with the Divine Mercy Chaplet) at St. Michael; First Tuesday of the month from 4 - 8 p.m. (Solemn Exposition of the Blessed Sacrament) at St. Michael	
Kent	Caledonia	Holy Family, Caledonia	Thursdays following the 9 a.m. Mass from 9:30 a.m 6 p.m.	Saturdays 4 - 4:30 p.m. First Fridays following 9 a.m. Mass until 10:30 a.m. or by appointment
Kent	Cedar Springs	St. John Paul II, Cedar Springs	Tuesdays & Thursdays 12:30 - 2 p.m.; Wednesdays 4 - 8 p.m.; Saturdays 2:45 - 3: 45 p.m.; First Fridays of the month 7 - 8 p. m.	Saturdays 3:00 p.m 3:30 p.m.

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Kent	Comstock Park	Holy Trinity, Comstock Park	Tuesdays from 10 a.m 8 p.m. (note: If a funeral Mass is being celebrated on a Tuesday, adoration will begin at 1 p.m.)	Saturdays 10 a.m.
Ottawa	Conklin	St. Francis Xavier, Conklin	Mondays 5:15 - 6:15 p.m.	
Ottawa	Coopersville	St. Michael, Coopersville	Wednesdays, immediately following the 9 a. m. Mass through 2 p.m.	
Mason	Custer	St. Mary - St. Jerome, Custer	First Friday of the month from 9 a.m 9 p. m. at St. Mary Church	
Kent	E. Grand Rapids	St. Stephen, E. Grand Rapids	Mondays 8:30-9:30 a.m., Wednesdays 5:15-6:15 p.m.	
Montcalm	Edmore/Stanton	St. Bernadette - St. Margaret Mary Alacoque	First Saturday of the month, 3:45-4:45 p.m. (St. Bernadette)	Saturdays 4-4:30 pm at SBL, Stanton
Ottawa	Grand Haven	St. Patrick-St. Anthony, Grand Haven	Adoration is available 24/7 in the adoration chapel, accessible through the west main entrance of the church.	Tuesdays 5 - 6:45 p.m.; Saturdays 3: 30 - 4:45 p.m., or by appointment
Kent	Grand Rapids	Basilica of St. Adalbert	First Fridays of the month 7:30 - 9:30 p.m. during Cor Jesu	Monday-Friday: 4-5pm, Saturday: 2: 30-3:30pm, First Friday of the month: 7:30-9:30pm at Cor Jesu
Kent	Grand Rapids	Blessed Sacrament, Grand Rapids	Tuesdays from 9 a.m 1 p.m. in the church only when school is in session.	
Kent	Grand Rapids	Cathedral of Saint Andrew, Grand Rapids	First Fridays from 7:30 - 11:45 a.m.; Check parish website for additional times.	
Kent	Grand Rapids	Holy Spirit, Grand Rapids	Mondays from 9 a.m 12 p.m. in the chapel and from 6:30 - 8 p.m. in the church	Saturdays 3:45 - 4:45 p.m., or by appointment
Kent	Grand Rapids	Immaculate Heart of Mary, Grand Rapids	Open 24 hours a day/7 days a week. Located on the northwest side of the church building.	Saturdays 3:30-4:30 p.m. or by appointment
Kent	Grand Rapids	Sacred Heart of Jesus, Grand Rapids	Tuesdays from 8:30 a.m 3 p.m. (during school year); Fridays from 3 - 4 p.m.; First Fridays 9:00 a.m. to Saturday morning at 7: 45 a.m.	Friday 3-4pm, Sat. 3-4:30pm, Sundays during 9:30 & 11:30 Masses when a priest is available

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Kent	Grand Rapids	Shrine of St. Francis Xavier & Our Lady of Guadalupe- St. Dominic, Grand Rapids	Every third Wednesday of the month 6:30 - 8 p.m. at the Shrine; Mondays 8 a.m 8 p. m. at St. Dominic in Wyoming	
Kent	Grand Rapids	SS. Peter & Paul, Grand Rapids	Tuesdays from 10 a.m 5:30 p.m.; First Fridays from 9 a.m 3 p.m.	Tuesday evening 5 pm Saturday afternoon 3 pm
Kent	Grand Rapids	St. Alphonsus, Grand Rapids	Tuesdays from 6:45 - 8:15 p.m.	
Kent	Grand Rapids	St. Anthony of Padua, Grand Rapids	Tuesdays from 8:30 a.m 6:00 p.m. in the Church; Every third Tuesday of the month (starting Sept. 20), Holy Hour of Exposition and Benediction from 7:30 - 8: 30 p.m. (incense will be used)	Tuesday 5:30 pm & Saturday 3:30 pm or by appointment
Kent	Grand Rapids	St. Isidore, Grand Rapids	Daily in the Blessed Sacrament Chapel at St. Isidore from 6 a.m 10 p.m. (Contact the parish office, 616-459-4731 for entry passcode); First Tuesday of the month, 6 – 9 p.m. Exposition in the chapel; Third Tuesday of the month, 7 – 8 p.m. Holy Hour with Benediction in the church.	Saturdays 2:30 - 4:00 pm and by appointment
Kent	Grand Rapids	St. Jude, Grand Rapids	Every fourth Tuesday of the month from 9 a.m 7 p.m.	Saturdays 2 - 3:30 p.m.
Kent	Grand Rapids	St. Mary, Grand Rapids	at the Basilica of St. Adalbert	at the Basilica of St. Adalbert
Kent	Grand Rapids	St. Paul the Apostle, Grand Rapids	Fridays from 9 - 10 a.m.	Saturdays 3:30-4:45pm
Kent	Grand Rapids	St. Thomas the Apostle, Grand Rapids	Tuesdays from 9:15 a.m 5 p.m. in the Main Church Seasonal (during the school year): Corpus Christi Night - Third Friday of each month - 6:30 - 8 p.m. including Adoration with Exposition of the Blessed Sacrament with Confession and Worship Music. 6:30 - 7 p.m.: Special time for families with children 7 - 8 p.m.: All are Welcome	Saturdays 3 - 4:00 pm Third Fridays of the month: 6:30 - 8 pm

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County	City	ity Parish	Days & Times	Days & Times
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Kent	Grand Rapids	West Catholic High School	Our St. John Paul II Chapel is open every school day for adoration of the Blessed Sacrament. Parents, grandparents and other members of the WC community are invited to celebrate our faith and intercede for our students and staff in adoration while school is in session.	
Kent	Grandville	St. Pius X, Grandville	Tuesdays 4 -10 p.m. (Chapel); Thursdays from 9 a.m. to 5 p.m.	Saturdays 4 - 4:45 p.m.
Montcalm	Greenville	St. Charles Borromeo, Greenville	Wednesdays from 9 a.m 9 p.m. (summer hours: 10 a.m 9 p.m.), Adoration with Exposition of the Blessed Sacrament	Saturdays 10:00 am
Ottawa	Holland	Our Lady of the Lake, Holland	Thursdays from 3 - 9 p.m. & the first Friday of the month from 9:30 a.m 9 p.m.	Wednesdays 6 - 7 p.m.; Saturdays 9 - 10 a.m.
Ottawa	Holland	St. Francis de Sales, Holland	Tuesdays 8 a.m8 p.m.	
Montcalm	Howard City	Christ the King- St. Francis de Sales, Howard City	First Wednesday of each month at Christ the King, Howard City from 1 - 7 p.m. (directly preceding 7 p.m. Mass); Holy Hour every Wednesday from 5:45 - 6:45 p. m. at Christ the King, Howard City. Holy Hour every Friday from 10 - 11 a.m. at St. Francis de Sales, Lakeview.	Wednesdays 6-6:30 pm at CTK, Howard City; Sundays 8-8:30 am at SF, Lakeview
Ionia	Ionia	SS. Peter & Paul, Ionia	Wednesdays 6 - 7 p.m. in the basement chapel	Mondays 11 a.m Noon; Saturdays 3 - 3:45 p.m.
Ottawa	Jenison	Holy Redeemer, Jenison	Adoration is available in the chapel daily from 6 a.m midnight; accessible from the outside Chapel entrance. There is Exposition of the Blessed Sacrament during the Holy Hour on Thursdays in the Church from 12 noon until 1 p.m.	Saturdays 2:30-4pm
Kent	Kentwood	St. Mary Magdalen, Kentwood	First Friday of the month from 8:30 a.m 6:30 p.m.	Saturdays 3:30 - 4:45p.m.

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Ionia	Lake Odessa	St. Edward, Lake Odessa	Thursday 6 - 8 p.m.	
Kent	Lowell	St. Mary, Lowell	Wednesdays: 9 a.m. – 6 p.m.	
Mason	Ludington	St. Simon, Ludington	Perpetual adoration chapel is open for prayer 24 hours a day 365 days a year.	Tuesday after 8:30 AM Mass, Saturday 4:00 PM
Ottawa	Marne	St. Mary, Marne	Weekly, immediately following the Tuesday 9 a.m. Mass through 2 p.m.	Tuesday 2PM-3PM & Saturday 3:30 -4:15PM
Muskegon	n Montague	St. James, Montague	Mondays 3 p.m. to 11 p.m., Tuesday - begins 8 a.m. and concludes at 6 a.m. on Wednesday; Wednesday, 4:00 p.m. exposition begins and concludes on Wednesday at 8:00 p.m., beings at 11;00 p. m. on Wednesday, concludes at 9:00 p.m. on Thursday, Saturday begins at 6 a.m. and concludes at 12 p.m.	Saturdays 4:00 - 7:00 pm, prior to Mass
Muskegon	Muskegon	Prince of Peace, Muskegon	Wednesdays following the 8 a.m. Mass until 9:30 a.m.	Saturdays 4-4:30 pm prior to 5 pm Mass
Muskegon	Muskegon	St. Mary of the Immaculate Conception, Muskegon	30 minutes before each daily Mass (see website for Mass times - https://stmarysmuskegon.org/); Sundays at 4 p. m. @ St. Mary's;	30 minutes before each daily Mass (see website for Mass times - https://stmarysmuskegon.org/); Sundays at 4 p.m. @ St. Mary's; Saturday at 3pm
Muskegon	Muskegon	St. Michael the Archangel, Muskegon	7 a.m. – 7 p.m. daily (St. Michael); 9 a.m. – 6 p.m. Thursdays (St. Francis Marian Chapel)	Tuesday 5pm & Friday 9am
Muskegon	Muskegon Twp.	St. Thomas the Apostle, Muskegon Twp.	Adoration Tuesdays 5 p.m. to 6 p.m., First Saturday of Month 8 a.m. to 9 a.m.	Saturdays 3 - 3:45 p.m. and Sundays 9 a.m 9:45 a.m.
Newaygo	Newaygo	St. Bartholomew, Newaygo	Tuesday: 3-6 p.m. and the first Friday of the month from 7-8 p.m. (St. Bartholomew) Thursday: 10-11 a.m. and the first Thursday of the month from 5-7 p.m. (St. Joseph)	

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Muskegon	Norton Shores	St. Francis de Sales, Norton Shores	7 a.m. – 7 p.m. daily (St. Michael); 9 a.m. – 6 p.m. Thursdays (St. Francis Marian Chapel)	Wednesday 5 pm Thursday 9am Saturday 4 pm
Ionia	Pewamo	St. Joseph, Pewamo	Tuesdays 6 a.m 6 p.m., First Fridays 12 a.m 12 a.m.	
Ionia	Portland	St. Patrick, Portland	Monday's noon-8 pm, Wednesday's noon-8 pm, Friday's 9 am-8 pm	
Mecosta	Remus	St. Michael the Archangel, Remus	Offered on Mondays following 9:00 a.m. Mass in the Chapel.	Saturdays at 4:00 p.m.
Kent	Rockford	Our Lady of Consolation, Rockford	Perpetual Adoration Chapel is open for prayer 24 hours a day 365 days a year.	Tuesdays, 5:30-6:30pm & Saturdays, 3:30-4:30pm
Kent	Sand Lake	Mary, Queen of Apostles, Sand Lake	Mondays 5:30 - 6:30 p.m. Benediction at 6: 45 p.m.	Mondays 6:00 - 6:30 p.m.
Ionia	Saranac	St. Anthony, Saranac	Tuesday: 5 - 6:15 p.m.	Tuesday: 5:30 - 6 p.m.; Also by appointment
Kent	Sparta	Holy Family, Sparta	Mondays 2-4pm	Saturday 4:15-5:00pm or by appointment
Ottawa	Spring Lake	St. Mary, Spring Lake	Wednesdays 6 - 8 p.m. (adoration and confession)	Tues through Fri 8:30-8:55 am; Wed 6-7:45 pm; Sat. 4-4:25 pm
Newaygo	White Cloud	St. Joseph, White Cloud	Tuesday: 3-6 p.m. and the first Friday of the month from 7-8 p.m. (St. Bartholomew) Thursday: 10-11 a.m. and the first Thursday of the month from 5-7 p.m. (St. Joseph)	
Ottawa	Wright	St. Joseph, Wright	Tuesdays following the 8:30 a.m. Mass until 10 a.m.	
Kent	Wyoming	Holy Name of Jesus, Wyoming		Saturday 3:30 - 4:00 pm
Kent	Wyoming	Our Lady of La-Vang, Wyoming		
Kent	Wyoming	St. John Vianney, Wyoming	Mondays from 9 a.m 7 p.m.	Saturdays 3:30 - 4:30 pm or by appointment

Diocese of Grand Rapids - Eucharistic Adoration & Confession in Parishes (by City)

County	City	Parish	Days & Times	Days & Times
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Kent	Wyoming	St. Joseph the Worker, Wyoming	First Monday of every month from 9:00 a. m 8:00 p.m.	Saturdays 3:30 - 4:30 pm or by appointment