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County	City	Parish	Days & Times
Kent	Ada	St. Robert of Newminster, Ada	Adoration with Exposition of the Blessed Sacrament and Benediction, Thursdays from 7-8 p.m. in the main church
Kent	Ada/Parnell	St. Patrick, Parnell	Wednesdays 6 - 7:30 p.m.; Tuesdays-Fridays 6 - 7 a.m.
Ottawa	Allendale	St. Luke University Parish, Allendale (Georgetown Twp.)	School : 3rd week in Aug through end of May: Tuesdays 6 - 9 p.m., Wednesday - Friday 9 - 10 a.m. Summer: May - 2nd week of August: Tuesdays 6 - 8 p.m., Thursday 6 - 7 pm.
Ionia	Belding	St. Joseph - St. Mary, Belding	Tuesdays following the 6:30 p.m. Mass at St. Joseph Church
Kent	Belmont	Assumption of the BVM, Belmont	Thursdays after the 9 a.m. Mass through Friday at 8 a.m.
Mecosta	Big Rapids	St. Mary - St. Paul, Big Rapids	Tuesdays - 3 p.m 8 p.m. (St. Paul - only when FSU is in session); Thursdays - 7 a.m. to 5 p.m. (St. Mary)
Newaygo	Brunswick	St. Michael, Brunswick	First Friday of the month following 9 a.m. Mass until noon (Adoration with the Divine Mercy Chaplet) at St. Michael; First Tuesday of the month from 4 - 8 p.m. (Solemn Exposition of the Blessed Sacrament) at St. Michael
Kent	Caledonia	Holy Family, Caledonia	Thursdays following the 9 a.m. Mass from 9:30 a.m 6 p.m.

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Kent	Cedar Springs	St. John Paul II, Cedar Springs	Tuesdays & Thursdays 12:30 - 2 p.m.; Wednesdays 4 - 8 p.m.; Saturdays 2:45 - 3: 45 p.m.; First Fridays of the month 7 - 8 p. m.
Kent	Comstock Park	Holy Trinity, Comstock Park	Tuesdays from 10 a.m 8 p.m. (note: If a funeral Mass is being celebrated on a Tuesday, adoration will begin at 1 p.m.)
Ottawa	Conklin	St. Francis Xavier, Conklin	Mondays 5:15 - 6:15 p.m.
Ottawa	Coopersville	St. Michael, Coopersville	Wednesdays, immediately following the 9 a. m. Mass through 2 p.m.
Mason	Custer	St. Mary - St. Jerome, Custer	First Friday of the month from 9 a.m 9 p. m. at St. Mary Church
Kent	E. Grand Rapids	St. Stephen, E. Grand Rapids	Mondays 8:30-9:30 a.m., Wednesdays 1-6: 15 p.m.
Montcalm	Edmore/Stanton	St. Bernadette - St. Margaret Mary Alacoque	First Saturday of the month, 3:45-4:45 p.m. (St. Bernadette)
Ottawa	Grand Haven	St. Patrick-St. Anthony, Grand Haven	Adoration is available 24/7 in the adoration chapel, accessible through the west main entrance of the church.
Kent	Grand Rapids	Basilica of St. Adalbert	First Fridays of the month 7:30 - 9:30 p.m. during Cor Jesu; call or email Drew Anderson to confirm - aanderson@basilicagr.org or (616) 278- 1176.
Kent	Grand Rapids	Blessed Sacrament, Grand Rapids	Tuesdays from 9 a.m 1 p.m. in the church only when school is in session.

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Kent	Grand Rapids	Cathedral of Saint Andrew, Grand Rapids	First Wednesday of the month at 5:45 p.m.; First Fridays between the 7 a.m. and 12:05 p.m. Masses
Kent	Grand Rapids	Holy Spirit, Grand Rapids	Mondays from 9 a.m 12 p.m. in the chapel and from 6:30 - 8 p.m. in the church
Kent	Grand Rapids	Immaculate Heart of Mary, Grand Rapids	Monday - Friday 24-hour Adoration
Kent	Grand Rapids	Sacred Heart of Jesus, Grand Rapids	Tuesdays from 8:30 a.m 3 p.m. (during school year); Fridays from 3 - 4 p.m.
Kent	Grand Rapids	Shrine of St. Francis Xavier & Our Lady of Guadalupe- St. Dominic, Grand Rapids	Every third Wednesday of the month 6:30 - 8 p.m. at the Shrine; Mondays 8 a.m 8 p. m. at St. Dominic in Wyoming
Kent	Grand Rapids	SS. Peter & Paul, Grand Rapids	Tuesdays from 10 a.m 5:30 p.m.; First Fridays from 9 a.m 3 p.m.
Kent	Grand Rapids	St. Anthony of Padua, Grand Rapids	Tuesdays from 5:30 p.m 6:30 p.m. in the Chapel; Every third Tuesday of the month (starting Sept. 20), Holy Hour of Exposition and Benediction from 7:30 - 8: 30 p.m.
Kent	Grand Rapids	St. Isidore, Grand Rapids	Daily in the Blessed Sacrament Chapel at St. Isidore from 6 a.m 10 p.m. (Contact the parish office, 616-459-4731 for entry passcode); First Tuesday of the month, 6 – 9 p.m. Exposition in the chapel; Third Tuesday of the month, 7 – 8 p.m. Holy Hour with Benediction in the church.
Kent	Grand Rapids	St. Jude, Grand Rapids	Every fourth Tuesday of the month from 9 a.m 7 p.m.

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Kent	Grand Rapids	St. Paul the Apostle, Grand Rapids	Fridays from 9 - 10 a.m.
Kent	Grand Rapids	St. Thomas the Apostle, Grand Rapids	Summer Holy Hour (until Labor Day): Tuesdays from 4:30 - 5:30 p.m. with Evening Prayer recited at 5 p.m. Seasonal (during the school year beginning on Sept. 12): Tuesdays from 8:30 a.m. to 5 p.m. in the main church.
Kent	Grand Rapids	West Catholic High School	Our St. John Paul II Chapel is open every school day for adoration of the Blessed Sacrament. Parents, grandparents and other members of the WC community are invited to celebrate our faith and intercede for our students and staff in adoration while school is in session.
Kent	Grandville	St. Pius X, Grandville	Thursdays from 9 a.m. to 5 p.m.
Montcalm	Greenville	St. Charles Borromeo, Greenville	Wednesdays from 9 a.m 9 p.m. (summer hours: 10 a.m 9 p.m.), Adoration with Exposition of the Blessed Sacrament
Ottawa	Holland	Our Lady of the Lake, Holland	Thursdays from 3 - 9 p.m. & the first Friday of the month from 9:30 a.m 9 p.m.
Ottawa	Holland	St. Francis de Sales, Holland	Tuesdays 8 a.m8 p.m.
Montcalm	Howard City	Christ the King- St. Francis de Sales, Howard City	First Monday of each month at Christ the King from 12:30 - 7 p.m. (directly following noon Mass); Holy Hour every Wednesday from 5:30 - 6:30 p.m. at Christ the King.
Ionia	Ionia	SS. Peter & Paul, Ionia	Wednesdays 6 - 7 p.m. in the church

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Kent	Jenison	Holy Redeemer, Jenison	Adoration is available in the chapel daily from 6 a.m midnight; accessible from the outside Chapel entrance. There is Exposition of the Blessed Sacrament during the Holy Hour on Thursdays in the Chapel following 8:30 a.m. Mass.
Kent	Kentwood	St. Mary Magdalen, Kentwood	First Friday of the month from 8:30 a.m 6:30 p.m.
Ionia	Lake Odessa	St. Edward, Lake Odessa	Thursday 6 - 8 p.m.
Kent	Lowell	St. Mary, Lowell	Wednesdays: 9 a.m. – 6 p.m.
Mason	Ludington	St. Simon, Ludington	First Friday of the month: Hours of Mercy and Adoration, 5 – 8 p.m., with Evening prayer, confession, night prayer and Benediction
Ottawa	Marne	St. Mary, Marne	Weekly, immediately following the Tuesday 9 a.m. Mass through 2 p.m.
Muskegon	Montague	St. James, Montague	Mondays 3 p.m. to 11 p.m., Tuesday - begins 8 a.m. and concludes at 10 a.m. Wednesday; Wednesday, 11 p.m. exposition begins and concludes on Thursday at 9 p. m., Saturday begins at 6 a.m. and concludes at 12 p.m.
Muskegon	Muskegon	Our Lady of Grace, Muskegon	30 minutes before each daily Mass (see website for Mass times - <u>https:</u> //stmarysmuskegon.org/); Sundays at 4 p. m. @ St. Mary's;

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Muskegon	Muskegon	Prince of Peace, Muskegon	Wednesdays following the 8 a.m. Mass until 9:30 a.m.
Muskegon	Muskegon	St. Mary of the Immaculate Conception, Muskegon	30 minutes before each daily Mass (see website for Mass times - <u>https:</u> //stmarysmuskegon.org/); Sundays at 4 p. m. @ St. Mary's;
Muskegon	Muskegon	St. Michael the Archangel, Muskegon	Monday through Friday from 7 a.m 7 p. m. in the Adoration Chapel
Newaygo	Newaygo	St. Bartholomew, Newaygo	Tuesdays 3-6 p.m.
Muskegon	Norton Shores	St. Francis de Sales, Norton Shores	Thursdays 9 a.m 6 p.m. in the Marian Chapel
Ionia	Pewamo	St. Joseph, Pewamo	Tuesdays 6 a.m 6 p.m., First Fridays 12 a. m 12 a.m.
Ionia	Portland	St. Patrick, Portland	Monday's noon-8 pm, Wednesday's noon-8 pm, Friday's 9 am-8 pm
Mecosta	Remus	St. Michael the Archangel, Remus	Offered the first Sunday of the month, following the 11 a.m. Mass (begins around 12:15 p.m.)
Kent	Rockford	Our Lady of Consolation, Rockford	Perpetual Adoration Chapel is open for prayer 24 hours a day 365 days a year.
Kent	Sand Lake	Mary, Queen of Apostles, Sand Lake	Mondays 5:30 - 6:30 p.m., confession available during this time. Benediction at 6: 45 p.m.
Ionia	Saranac	St. Anthony, Saranac	Tuesdays: 5:30 – 6:15 p.m. (includes confession)

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Ottawa	Spring Lake	St. Mary, Spring Lake	Wednesdays 6 - 8 p.m. (adoration and confession)
Newaygo	White Cloud	St. Joseph, White Cloud	Thursdays 10 a.m.; First Thursday of the month 5-7 p.m.
Ottawa	Wright	St. Joseph, Wright	Tuesdays following the 8:30 a.m. Mass until 10 a.m.
Kent	Wyoming	St. John Vianney, Wyoming	Mondays from 9 a.m 7 p.m.