



BEHOLD THE MYSTERY:
A DIOCESAN EVENING OF ADORATION
Guide for joining in prayer from home

Through the national Eucharistic Revival, we are called into the mystery of communion with our Lord and invited to renew our belief in the Real Presence. On December 13, from 7-8 p.m., exposition of the Holy Eucharist will be celebrated in almost all parishes of the diocese to adore our Lord, offer our lives with Christ, and celebrate our unity as a local church. Even if we cannot be physically present, the Eucharist unites all of us in Christ. If you are unable to come to church, please set aside the hour of 7-8 p.m. for prayer in union with Catholics throughout the diocese. The following prayers will be used by Bishop Walkowiak at the Cathedral of St. Andrew and are offered as a guide to your own prayer from home.

AT THE BEGINNING OF THE HOUR

Sing or quietly reflect upon the words of these songs, giving thanks for God's presence among us, especially in the Most Holy Eucharist.

O Come, O Come, Emmanuel


Verses



1. O come, O come, Em - man - u - el, And
 2. O come, Thou Wis - dom from on high, Who
 3. O come, O come, Thou Lord of might, Who
 4. O come, Thou Rod of Jes - se's stem, From
 5. O come, Thou Key of Da - vid, come, And
 6. O come, Thou Day-spring from on high And
 7. O come, De - sire of na - tions, bind In



1. ran - som cap - tive Is - ra - el, That mourns in
 2. or - d'rest all things might - i - ly; To us the
 3. to thy tribes on Si - nai's height In an - cient
 4. ev - 'ry foe de - liv - er them That trust thy
 5. o - pen wide our heav - 'nly home; Make safe the
 6. cheer us by thy draw - ing nigh; Dis - perse the
 7. one the hearts of all hu - man - kind; Bid thou our



1. lone - ly ex - ile here Un - til the Son of
 2. path of knowl - edge show, And teach us in her
 3. times didst give the law, In cloud and maj - es -
 4. might - y pow'r to save, And give them vic - t'ry
 5. way that leads on high, And close the path to
 6. gloom - y clouds of night, And death's dark shad - ow
 7. sad di - vi - sions cease, And be thy - self our

Refrain



1. God ap - pear. Re - joice! Re - joice! Em - man - u -
 2. ways to go.
 3. ty and awe.
 4. o'er the grave.
 5. mis - er - y.
 6. put to flight.
 7. Prince of Peace.



el Shall come to thee, O Is - ra - el!

Text: LM with refrain; Latin, 9th cent.; verses 1, 3-6, para. in *Psalterium Cantionum Catholicarum*, Cologne, 1710; tr. by John Mason Neale, 1818-1866; verses 2, 7 tr. fr. *The Hymnal 1940*, alt.
 Music: *Processionale*, 15th cent. French; adapt. by Thomas Helmore, 1811-1890; Chant, Mode I.

O salutaris hostia

1. O sa - lu - ta - ris ho - sti - a, Quae cae - li pan - dis
2. U - ni tri - no - que Do - mi - no Sit sem - pi - ter - na

o - sti - um: Bel - la pre - munt ho - sti - li - a, Da
glo - ri - a: Qui vi - tam si - ne ter - mi - o No -

ro - bur fer au - xi - li - um.
bis do - ner in pa - tri - a. A - men.

Text: *O salutaris hostia*, Thomas Aquinas, 1225-1274.
Tune: DUGUET, LM; Dieudonné Duguet, 1794-1849

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| <p>1. O Saving Victim, op'ning wide
The gate of heav'n to us below!
Our foes press on from eve'ry side:
Your aid supply, your strength
bestow.</p> | <p>2. To your great name be endless
praise,
Immortal Godhead, One in Three;
O grant us endless length of days
When our true native land we see.</p> |
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Then, after a brief period of silence, recite aloud this prayer that Christ, the Bread of Life, will satisfy our human hungers.

**Father in heaven,
you have made us for yourself;
our hearts are restless until they rest in you.
Fulfill this longing through Jesus, the Bread of Life,
so that we may witness to him
who alone satisfies the hungers of the human family.
By the power of your Spirit
lead us to the heavenly table
where we may feast on the vision of your glory
for ever and ever.
R. Amen.**

READING THE WORD OF GOD

The Church proclaims the following scriptural passages in honor of the Most Holy Eucharist. Read each passage slowly and attentively. If any words or phrases stand out to you, pause and meditate upon them. Then, offer prayer in response to the word of God upon which you have been meditating. Finally, rest in God's presence, allowing Him to act in your quiet contemplation.

First Reading

Deuteronomy 8:2-3, 14b-16a

A reading from the Book of Deuteronomy

Moses said to the people:

"Remember how for forty years now the LORD, your God, has directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments. He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers, in order to show you that not by bread alone does one live, but by every word that comes forth from the mouth of the LORD.

"Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery; who guided you through the vast and terrible desert with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers."

Responsorial Psalm

Ps 145:10-11, 15-16, 17-18

You open your hand to feed us, Lord; you answer all our needs.

Let all your works give you thanks, O LORD,

and let your faithful ones bless you.
Let them discourse of the glory of your Kingdom
and speak of your might.

You open your hand to feed us, Lord; you answer all our needs.

The eyes of all look hopefully to you;
and you give them their food in due season;
You open your hand
and satisfy the desire of every living thing.

You open your hand to feed us, Lord; you answer all our needs.

The LORD is just in all his ways
and holy in all his works.
The LORD is near to all who call upon him,
to all who call upon him in truth.

You open your hand to feed us, Lord; you answer all our needs.

Gospel Acclamation

John 6:56

Alleluia, alleluia.
Whoever eats my Flesh and drinks my Blood
remains in me, and I in him, says the Lord.
Alleluia.

Gospel

John 6:24-35

A reading from the holy Gospel according to John

**When the crowd saw that neither Jesus nor his disciples were there,
they themselves got into boats
and came to Capernaum looking for Jesus.
And when they found him across the sea they said to him,
“Rabbi, when did you get here?”
Jesus answered them and said,
“Amen, amen, I say to you,
you are looking for me not because you saw signs
but because you ate the loaves and were filled.**

**Do not work for food that perishes
but for the food that endures for eternal life,
which the Son of Man will give you.
For on him the Father, God, has set his seal.”
So they said to him,
“What can we do to accomplish the works of God?”
Jesus answered and said to them,
“This is the work of God, that you believe in the one he sent.”
So they said to him,
“What sign can you do, that we may see and believe in you?
What can you do?
Our ancestors ate manna in the desert, as it is written:
He gave them bread from heaven to eat.”
So Jesus said to them,
“Amen, amen, I say to you,
it was not Moses who gave the bread from heaven;
my Father gives you the true bread from heaven.
For the bread of God is that which comes down from heaven
and gives life to the world.”
So they said to him,
“Sir, give us this bread always.”
Jesus said to them,
“I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst.”**

Continue praying with the word of God, in your own words, with devotions of your choice, or in silence until near the end of the hour, when the Cathedral liturgy resumes with intercessions.

AT THE END OF THE HOUR

The eyes of all look hopefully to the Lord, our God. Confident that he will answer all our needs, we now present to him our prayers.

For the Catholic Church in the United States, that during this time of revival we may renew our participation in the Eucharist and our belief in Christ’s Real Presence, let us pray to the Lord.

R. Lord, hear our prayer.

For the people of God throughout our diocese, that we may be more clearly knit together as one Body of Christ, and celebrate our unity as his Bride, let us pray to the Lord.

R. Lord, hear our prayer.

For all who offer themselves with Christ, both within Mass and in adoration, that we may seize the adventure that arises from this encounter and place ourselves more fully at his service, let us pray to the Lord.

R. Lord, hear our prayer.

For our priests, who dispense the gifts of God from the tables of Word and Sacrament, that through their ministry all may find in Christ the food that endures for eternal life, let us pray to the Lord. *R. Lord, hear our prayer.*

For all who do not yet recognize Christ sacramentally present in the Eucharist, that the Spirit may grant them faith and reveal to them the sweetness of this true bread from heaven, let us pray to the Lord.

R. Lord, hear our prayer.

For those who suffer trial and temptation, that in Christ's Body and Blood they may find comfort, joy, and strength to accomplish the works of God, let us pray to the Lord.

R. Lord, hear our prayer.

With Christ, we call upon the Father in the words our Savior gave us:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Sing or quietly reflect upon the words of this song of praise, then recite the prayers that follow.

Tantum ergo

1. Tan-tum er-go Sa-cra-men-tum Ve-ne-re-mur cer-nu-i: Et an-ti-quum
 2. Ge-ni-to-ri, Ge-ni-to-que Laus et ju-bi-la-ti-o, Sa-lus, ho-nor,
 do-cu-men-tum No-vo ce-dat ri-tu-i; Prae-stet fi-des
 vir-tus quo-que Sit et be-ne-di-cti-o: Pro-ce-den-ti
 sup-ple-men-tum Sen-su-um de-fe-ctu-i.
 ab u-tro-que Com-par sit lau-da-ti-o. A-men.

Text: Thomas Aquinas, 1225-1274.

Tune: ST. THOMAS 8 7 8 7 8 7; John F. Wade, 1711-1786.

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| <p>1. Down in adoration falling,
 Lo! the sacred host we hail;
 Lo! o'er ancient forms departing,
 Newer rites of grace prevail,
 Faith, for all defects supplying,
 Where the feeble senses fail.</p> | <p>2. To the everlasting Father,
 And the Son who reigns on high
 With the Holy Ghost proceeding
 Forth from each eternally,
 Be salvation, honor, blessing,
 Might and endless majesty.</p> |
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**O God, who in this wonderful Sacrament
 have left us a memorial of your Passion,
 grant us, we pray,
 so to revere the sacred mysteries of your Body and Blood
 that we may always experience in ourselves
 the fruits of your redemption.
 Who live and reign with God the Father
 in the unity of the Holy Spirit,
 God, for ever and ever.**

R. Amen.

THE DIVINE PRAISES

Blessed be God.
 Blessed be his holy Name.
 Blessed be Jesus Christ, true God and true Man.
 Blessed be the name of Jesus.
 Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.
Blessed be Jesus in the most holy Sacrament of the altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his saints.

End the hour with a final hymn of praise.

Holy God, We Praise Thy Name

1. Ho - ly God, we praise thy name; Lord of all, we
 2. Hark! the loud ce - les - tial hymn An - gel choirs a -
 3. Lo! the ap - os - tol - ic train Join, the sa - cred
 4. Ho - ly Fa - ther, Ho - ly Son, Ho - ly Spir - it,



1. bow be - fore thee! All on earth thy scep - tre claim,
 2. above are rais - ing; Cher - u - bim and Ser - a - phim,
 3. Name to hal - low; Proph - ets swell the loud re - frain,
 4. Three we name thee; While in es - sence on - ly One,



1. All in heav'n a - bove a - dore thee; In - fi -
 2. In un - ceas - ing cho - rus prais - ing; Fill the
 3. And the white - robed mar - tyrs fol - low; And from
 4. Un - di - vid - ed God we claim thee; And a -



1. nite, thy vast do - main, Ev - er - last - ing
 2. heav'ns with sweet ac - cord: "Ho - ly, ho - ly,
 3. morn to set of sun, Through the Church the
 4. dor - ing, bend the knee, While we own the



1. is thy reign. In - fi - nite, thy vast do -
 2. ho - ly Lord!" Fill the heav'ns with sweet ac -
 3. song goes on. And from morn to set of
 4. mys - ter - y. And a - dor - ing, bend the



1. main, Ev - er - last - ing is thy reign.
 2. cord: "Ho - ly, ho - ly, ho - ly Lord!"
 3. sun, Through the Church the song goes on.
 4. knee, While we own the mys - ter - y.

Text: 78 78 77 with repeat; *Te Deum laudamus*; attr. to St. Nicetas, ca. 335–414;
Grosser Gott, wir loben dich; tr. ascr. to Ignaz Franz, 1719–1790; tr. by Clarence A. Walworth, 1820–1900.
 Music: *Allgemeines Katholisches Gesangbuch*, Vienna, ca. 1774.