

"I experienced a great inner healing as a result of attending the post-abortion retreat. I highly recommend this retreat to anyone who has felt the void and shame of the abortion experience. It is a wonderful way to forgive yourself, find the unconditional love of Christ and grieve the loss of your little child."



## Healing the Wounds of Abortion

## A Rachel's Vineyard Retreat

June 3 - 5, 2022

Rachel's Vineyard weekend retreats are a beautiful opportunity for any person who has struggled with the emotional or spiritual pain of an abortion.

The retreat is a very specific process designed to help you experience the mercy and compassion of God. It is also an opportunity to surface and release repressed feelings of anger, shame, guilt and grief. There are many exercises to help you grieve the loss of your unborn child and to receive and accept God's forgiveness.

Rachel's Vineyard Retreats are designed for women and men. The retreat is respectful and honors the grief and trauma of post-abortion. It is never confrontational.

For more information or to register for the retreat, call 616.340.1824 or email mwalsh@ccwestmi.org. All inquiries are strictly confidential.

Sponsored by Project Rachel through Catholic Charities West Michigan.



