



Office for Family, Youth, and Young Adult Ministries  
Diocese of Grand Rapids  
360 Division South  
Grand Rapids, Michigan

## Pre-Cana Marriage Preparation

In harmony with current local, state, and federal guidelines in response to COVID-19, following are some of the options for completing your preparation for the sacrament of Marriage:

1. If your priest/deacon has already arranged for you to meet with a sponsor couple from your parish, consider using an online platform (Facebook Messenger, Zoom, Google Hangouts, Skype, etc.).
2. Participate in an online marriage preparation course. The Diocese of Grand Rapids recommends:
  - Agape Ministries [www.catholicmarriageprep.com](http://www.catholicmarriageprep.com) \$194/couple; course includes 20 hours of active work, usually completed in three to six weeks. You will work personally with an instructor couple. ***This course is offered in English, Spanish, and French.***
  - Marriage Group, Living our Faith in Love [livingourfaithinlove.com](http://livingourfaithinlove.com). \$195/couple (20% discount offered); video presentations, course includes 8 hours of active work that can be completed at your own pace. Registration fee also includes follow-up resources once you are married. Note: this course works best in combination with meeting personally with your priest, deacon, or parish coordinator of marriage preparation.
  - View the current [pre-Cana schedule](#) for other upcoming opportunities.
3. [Register](#) for the Diocese of Grand Rapids Retreat Day for Engaged Couples, “Today and All the Days of Your Life” – Aug. 8, 2020. \$90/couple includes meals and workbooks (available in English or Spanish). Space is limited to insure continued protocols of distancing. Note: we will continue to monitor directives from government officials to insure the safety of staff and participants. In the event of program cancellation, staff can work with you to make other arrangements.

If you have any questions or want to discuss your particular situation, please contact [Mark Mann](#), director for Family, Youth, and Young Adult Ministries.